

Dear Friends,

March 31, 2010

On September 3, 2004, my father, Deputy Chief James D'heron of the New Brunswick Fire Dept. was mortally burned while responding to a house fire. He was the first to arrive at the scene of a reported working fire. Not seeing any of the occupants leaving, he entered the home to alert the residents. While my father was banging on the doors to alert them, 3 propane cylinders exploded killing my father.

To commemorate his life, and all he stood for, we are proud to announce the **6<sup>th</sup> Annual Jimmy D Memorial 5K Run/Walk**. My father enjoyed living a good life, having a good time, and helping those in need. Please join us as we celebrate his life, by supporting the James D'heron Memorial Foundation's mission.

To date, the JD MF has donated over \$45,000 to the St. Barnabas Burn Foundation and over \$48,900 to the Art Luf Children's Burn Camp. Our goal is to continue to support all of those who have fallen victim to fire, and support the fire services.

This year the 5K will take place on Sunday, September 5, 2010 at Memorial Stadium in New Brunswick, NJ. Please join us, and the thousands of runners and firefighters from all over the state of NJ who participate. For more information regarding this event and the JD MF visit our websites at [www.jimmyd5k.com](http://www.jimmyd5k.com) & [www.jimmydfoundation.org](http://www.jimmydfoundation.org).

Thankfully,

Erin (D'heron) Varga

**Announcements:**

The Jimmy D Memorial 5K is the USATF-New Jersey Masters Women 5K Championship race!

Deputy Chief James D'heron will be inducted into the NJ Hall of Fame on Sunday, May 2, 2010!